

## Jolly Phonics - The Actions

- s** Weave hand in an s shape, like a snake, and say *sssss*.
- a** Wiggle fingers above elbow as if ants crawling on you and say *a, a, a*.
- t** Turn head from side to side as if watching tennis and say *t, t, t*.
- p** Pretend to puff out candles and say *p, p, p*.
- i** Pretend to be a mouse by wriggling fingers at end of nose and squeak *i, i, i*.
- n** Make a noise, as if you are a plane – hold arms out and say *nnnnn*.
- m** Rub tummy as if seeing tasty food and say *mmmmm*.
- d** Beat hands up and down as if playing a drum and say *d, d, d*.
- g** Spiral hand down, as if water going down the drain, and say *g, g, g*.
- o** Pretend to turn light switch on and off and say *o, o; o, o*.
- ck** Raise hands and snap fingers as if playing castanets and say *ck, ck, ck*.
- e** Pretend to tap an egg on the side of a pan and crack it into the pan, saying *eh, eh, eh*.
- u** Pretend to be putting up an umbrella and say *u, u, u*.
- r** Pretend to be a puppy holding a piece of rag, shaking head from side to side, and say *rrrrr*.
- h** Hold hand in front of mouth panting as if you are out of breath and say *h, h, h*.
- b** Pretend to hit a ball with a bat and say *b, b, b*.
- f** Let hands gently come together as if toy fish deflating, and say *fffff*.
- l** Pretend to lick a lollipop and say *lllll*
- j** Pretend to wobble on a plate and say *j, j, j*.
- v** Pretend to be holding the steering wheel of a van and say *vvvvv*.
- W** Blow on to open hand, as if you are the wind, and say *wh, wh, wh*.
- x** Pretend to take an x-ray of someone with a camera and say *ks, ks, ks*.

- y** Pretend to be eating a yoghurt and say *y, y, y*.
- z** Put arms out at sides and pretend to be a bee, saying *zzzzzz*.
- qu** Make a duck's beak with your hands and say *qu, qu, qu*.
- ch** Move arms at sides as if you are a train and say *ch, ch, ch*.
- sh** Place index finger over lips and say *shshsh*.
- th** Pretend to be naughty clowns and stick out tongue a little for the *th*, and further for the *th* sound (this and thumb).
- ng** Imagine you are a weightlifter, and pretend to lift a heavy weight above your head, saying *ng...*
- ai** Cup hand over ear and say *ai, ai, ai*.
- ee, or** Put hands on head as if ears on a donkey and say *eeyore, eeyore*.
- igh** Stand to attention and salute, saying *igh igh*.
- oa** Bring hand over mouth as if you have done something wrong and say *oh!*
- oo** Move head back and forth as if it is the cuckoo in a cuckoo clock, saying *u, oo; u, oo* (little and long *oo*).
- ar** Open mouth wide and say *ah*. (British English). Flap hands as if a seal and say *ar, ar, ar*. (Nth Am English)
- oi** Cup hands around mouth and shout to another boat saying *oi! ship ahoy!*
- ow** Pretend your finger is a needle and prick thumb saying *ow, ow, ow*.
- er** Roll hands over each other like a mixer and say *ererer*.